



Academy of Whole Learning

Adult Education



Hello families,

Welcome to the inaugural monthly newsletter for the Adult Education Program (snazzy name to come later).

Our goal is to keep these short, simple, and to-the-point. You can expect monthly recaps, a look ahead, pertinent information, and a calendar of upcoming events. As a consumer of news and research on neurodiverse young adults, I also want to use this space to share articles or news items that I have found pertinent and/or interesting over the last month.

The first eight weeks of programming have been, to my mind, a tremendous start to the year. We have faced COVID-related roadblocks, but have also been able to learn, challenge ourselves, and grow both in the classroom and the community. I told the students at the beginning of the year that there was no group of individuals I would rather start a program with, and that has remained true.

One highlight of the first two months has been a successful comparison shopping activity where the students settled on an excellent choice for our program: the Williston Fitness Center. Memberships will extend through the summer and you are welcome to attend as their guest (\$10 charge). Watching the students challenge themselves in the weight room and on the cardio machines has been a real joy, and helps put into context our classroom conversations

about the connection between physical, mental, and emotional well-being.

Thank you for attending Fall conferences. Please give your feedback so that we can continue to improve [here](#).

[This month's article](#) covers the topic of transitioning into adulthood for those on the spectrum, the challenges that accompany that change, and the historic lack of support available for young adults with ASD. The good news: increasing evidence shows that additional support and education has made a demonstrably positive difference in employment, independent living, mental health, and social connections!

With sincere appreciation,

Michael Faeth
Adult Program Coordinator

November
2020



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Monday	Tuesday	Wednesday	Thursday	Friday
Fitness Center 2	Election Day! 3	Fitness Center 4	Department Store Prep 5	No School 6
Fitness Center 9	Department Store (Target) 10	Fitness Center 11	Department Store (Macy's) Virtual PTO 12	No School 13
Fitness Center Voyageur Birthday! 16	Department Store (Kohls) 17	Fitness Center 18	Grocery Store Prep 19	No School 20
Fitness Center 23	Grocery Store (Cub Foods) 24	No School 25	No School 26	No School 27
Fitness Center 30	<p>Please note: This calendar is subject to change.</p> <p>Students will typically have an option to purchase food or other items on all community-based trips</p>			

